



Pre-Sedation Instructions

Before your appointment (Please be aware of the following details):

- We will call/text to confirm your child's sedation appointment at **2 weeks** and **1 day** prior to his/her appointment. It is important that you answer the call/text or return the call to confirm the appointment as soon as possible.
- Failing to confirm the appointment will result in your child's appointment being **CANCELLED**.
- Your child's Medical Clearance Form must be provided to us **1 week** prior to your sedation appointment. Please provide your pediatrician with our Pediatric Sedation Medical Clearance Form and letter in the sedation packet. The medical clearance form is valid for 1 month. Please schedule your child's pediatrician appointment with ample time. Also, please note that our anesthesiologist makes the final decision if it is acceptable to do this case in our office. You will receive a deadline to submit the Medical Clearance Form and if we do not receive it by the deadline, your appointment will be **CANCELLED**.
- You may fax or email the completed medical clearance form to the following:
 - **Fax: 954-637-1955**
 - **Email: sedation@americanpediatricdental.com**
- Prior to your appointment, please visit our sedation center website at **www.AmericanPediatricSedation.com** so you may watch videos reviewing the entire sedation process and if needed, print extra copies of the medical clearance form.
- Your appointment time is **not guaranteed**; we provide an appointment time, but due to the nature of our business, wait times may potentially be longer than anticipated. We ask for your patience and to please make arrangements for work and picking up other children, and plan to be in the office anywhere between **4 – 5 hours** as it takes time to sign consents, speak with the dentist and anesthesiologist, complete a pre-op evaluation, administer medications, complete the treatment and then recover your child.
- Your child must follow the strict NPO guidelines (**no food or drink or water, 8 hours prior to the procedure, NO EXCEPTIONS**) to reduce the risk of a serious lung infection called pulmonary aspiration. Your child should NOT have any food or water after **MIDNIGHT** the night prior to their procedure. It is recommended that you have your child drink lots of fluids such as Gatorade or Pedialyte (any flavor) **BEFORE** midnight the night before their procedure. We ask that you **DO NOT** send your child to school the day of the appointment so that they do not eat at school. Please keep them at home with you so that you can monitor them to make sure they do not eat/drink anything before their appointment.
- Parents are **NOT allowed** in the procedure room due to controlled medications and the safety of your child.
- Our sedation technique uses a combination of all of the below:
 - 1) oral medications
 - 2) inhaled laughing gas
 - 3) intramuscular injections
 - 4) IV placement

18501 Pines Blvd., Suite 211, Pembroke Pines, FL 33029

Phone: 954-417-1330 Fax: 954-637-1955

Email: Sedation@AmericanPediatricDental.com; Website: www.AmericanPediatricSedation.com



- Your child’s recovery will be approximately 30 minutes after the procedure. Parents are allowed in the recovery room.
- Your child will feel sleepy or drowsy for several hours after the procedure. We recommend that you hydrate your child with lots of clear fluids such as Gatorade or Pedialyte (any flavor) after the procedure.
- Please notify our sedation office if there are **ANY** changes in your child’s health within 7 days of your child’s appointment. Any onset of coughs, congestion, colds, fevers, or flu-like symptoms are serious and are CONTRAINDICATED for the sedation treatment. If you fail to notify us in advance, you risk having your appointment cancelled so please do not place your child’s safety at risk. Please call us and we will reschedule your child’s appointment once he or she is feeling healthy again.

Day of your appointment

- Please arrive **15 minutes** prior to your appointment
- The following should be brought with you to your appointment
 - A valid photo ID of the parent
 - Additional diapers or pull-ups for your child to prevent an accident and change of clothes (*if applicable*)
 - Allow your child to wear loose, comfortable clothing; T-shirts are preferable
- Payments are required in full either before or on the day of your appointment. Payment depends upon your insurance type and plan
- You must use your own credit card for payment
- Parents are required to remain in the office during the entire treatment
- Sedation is performed by a board-certified anesthesiologist. The procedure is safe, effective, and allows treatment to be completed in just one visit. Remember this is NOT general anesthesia

Sedation Center Address: 18501 Pines Blvd., Suite 211, Pembroke Pines, FL 33029 (Atria Complex). We are located on the corner of Pines Blvd and 184th Avenue in West Pembroke Pines, on the 2nd floor, in the white building right behind the McDonald’s. **If you have any questions, please visit our website at www.AmericanPediatricSedation.com or call our Sedation Center at (954)-417-1330.**

By signing below, I acknowledge that I have read and received the Pre-Sedation Instructions.

Name of Parent	Signature of Parent	Date
----------------	---------------------	------